Strampelwicht

Nachhaltig & Fair für die ganze Familie

The first list of equipment - our recommendation for children in the summer:

To make it easier for you to prepare, we have put together a list of the things you ‘really need’.
The baby market offers so much and unfortunately unnecessary things are often bought first.
Our motto that makes life with a child easier: ‘Less is more’..

Clothing:

- 3 wool/silk (wrap) bodysuits, long-sleeved
- 2-3 pucksacks made of cotton plush, woollen plush or woollen terry cloth
- 2-3 wool/silk trousers or leggings or woollen tights
- 2 wool/silk slip or wrap shirts
- 2-3 woollen slips (or other wrap jackets/sweaters)
- 2-3 woollen knitted or cotton trousers or rompers (e.g. Disana knitted trousers, Reiff knitted trousers)
- 1 woollen or woollen fleece overall
- 2-4 pairs of woollen socks
- 4-6 triangular scarves made from woollen terrycloth or woollen fleece as a neck or burp cloth
- Wool-silk loop / tube scarf, e.g. from Lilano
- 2 wool/silk hats
- 1 winter hat made from woollen fleece / woollen terry cloth
- 2 x wrist warmers from De Colores - can be used for hand and leg
- woollen woollen or woollen fleece slippers

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Sleep:

- Cot 70x140 cm, possibly an extra bed
- Mattress 70x140 cm, recommendation: 'Ronja' from ProLana with latex-coated coconut core
- Gauze or molleton cloth for under the head
- Molton pad (waterproof) to protect the mattress
- 1-2 fitted sheets
- 1-2 sleeping bags made of woollen fleece/woollen terry cloth (alternative: puck sacks)

Nappies, bathing and breastfeeding:

- 20-22 cloth nappies (as an alternative to disposable nappies)
- Woollen overpants (4 pieces/size) or PU-coated overpants (2-3 pieces/size)
- 5-10 flannel, gauze or terry cloth flannels
- 10 muslin nappies / burp cloths, towelling or molton cloths
- 1 changing mat
- 1 nappy pail
- A nappy-changing facility at a comfortable height for the parents (changing table)
- Baby brush made from pig hair
- Goat hair brush for massage
- baby nail scissors
- Bathtub or bucket
- Bath thermometer
- Clinical thermometer
- 1-2 hooded terry towels
- Nursing pillow, wool/millet or polypropylene filling
- Breast pump if necessary
- 1-2 bottles with teats for newborns
- Possibly a latex or silicone dummy
- Nursing pads
- 2-3 comfortable nursing bras
- Nipple ointment



For daily use:

- Sling, half-buckle or full-buckle carrier, e.g. Manduca XT, Ruckeli, Didymos
- Pushchair, our recommendation: ‘Naturkind pushchair’ with lambskin footmuff
- Group 0 car seat shell
- Changing bag or rucksack
- 1-2 cosy blankets made of wool and wool-silk
- Natural fur cover, crawling blanket
- Music box, mobile, grasping toys, etc.
- Lambskin footmuff